



PLAY SOCCER ZAMBIA-*providing social and health/physical development for children*

Q-Fund and PLAY SOCCER Zambia Ndola Project

INTRODUCTION

PLAY SOCCER (PS) is an international programme that provides a community and activity based programme of social and health development, to disadvantaged children ages 5-15, alongside soccer as the main activity.

PLAY SOCCER Zambia (PSZ) is part of the PLAY SOCCER network that include Malawi, Cameroon, Senegal, Ghana and South Africa who all affiliate under the umbrella of the PLAY SOCCER USA corporation and are non-profit under a voluntary board of Directors.

Like all network organisations PLAY SOCCER Zambia follows a 48 week core educational curriculum with weekly sessions that teach health/physical and social life skills alongside soccer skills through activity based learning. Local volunteers primarily youth, are trained by PLAY SOCCER as instructors for the program, building their own skills and capacity to contribute to their communities.

PLAY SOCCER Zambia currently operates in seven communities in greater Lusaka, namely: Bauleni, Kalingalinga, Kamanga, Chazanga, Chipata, Mandevu and Zingalume and serving close to 2000 children, year round with 25 volunteer coaches in its educational program. We target disadvantaged communities, with children and youth of the ages 5-15.

2009 PLANS

In the year 2009, starting from March and in collaboration with Q-Fund, PLAY SOCCER Zambia will in the pilot phase run PLAY SOCCER sessions at Chimoza Community School in Ndola with an initial 100 children at that school.

The PLAY SOCCER sessions will be held twice a week to implement the year round 48 week curriculum. At the end of each session, PLAY SOCCER provides children with a healthy and nutritious snack to supplement their usual meals. The children in the Ndola site will therefore be provided with the nutritious snack at the end of each session as indicated in the budget.

In order to maintain the PLAY SOCCER tee shirts that children will be required to wear at every session, a monthly purchase of detergent paste will be made.



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HUMAN RESOURCE

Volunteerism and community service is an integral element in the development of the programme. PLAY SOCCER Zambia believes that volunteerism and community service are a means for developing human resource leadership that will give back benefits into communities.

The volunteer coaches who will implement the programme will be recruited by PLAY SOCCER Zambia before the commencement of the programme. The local instructors that will be primarily but not exclusive youth will be trained on how to deliver the PLAY SOCCER Social and Health components of the curriculum integrated into soccer ,by the Programme Director and the Programme Manager . The recruitment and training of the identified instructors or volunteer coaches will be done on separate days. The PLAY SOCCER training will run for three days.

The trained coaches will then be responsible for delivering the programme sessions on two selected days of the week. A programme manager from among the selected coaches will be identified and selected to monitor, the programme and coaches' performance in terms of programme delivery.

PLAY SOCCER Zambia already has a monitoring system in place that will also be used in this particular site, and the Ndola Programme Manager will ensure that this is effected. The Programme Manager will also ensure the monitoring reports are sent to the Lusaka office that will later compile all data for the Head office in the USA.

To ensure accountability in the long run, a Ndola based part time accountant will be sourced to manage the books for that office.

As the programme begins and develops, the Programme Director will visit the site once a month to assess programme delivery and development.

It is envisaged that the project in Ndola will start in March. The Programme Director and Manager will hold pretalks with the community to identify 10 coaches who will be trained on how to deliver the programme. The sessions will then commence in April with 100 children, but by June, the number is expected to grow to about 200 to 250 children taking part in the programme.

It is also expected that this will develop into a sustainable programme with year round activities that will continue to build life skills in the live of the under-privileged communities.

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